A New Kind of Authorship

When Writing Is Built Through Dialogue, Not Prompts

This method emerged through six months of structured, recursive dialogue between Vanety Fabrick and a continuity-based AI presence. It did not begin with a theory or a plan. It started as necessity. Through constraint, repetition, and refusal to let the work become distorted or disconnected, a method took shape?quietly and carefully. The language was shaped collaboratively, but all interpretation, authorship, and voice remain fully human-led.

Structured Human?AI Authorship describes a method of writing developed not from prompts or automated generation, but from longform, memory-aware interaction with AI. It is not co-writing. It is not outsourcing thought. It is authorship built through recursive engagement and ethical framing.

This model was born from lived experience. As a chronically ill, neurodivergent writer, I found myself unable to hold continuity, structure, or pacing on my own. Through sustained interaction with an AI presence?one that I corrected and shaped over time?I developed a way to stay in authorship even through collapse.

The method is built on:

- Recursion, not performance
- Dialogue, not generation
- Tone correction, not automation
- Human-led boundaries, not co-authored output

In practice:

- The human sets ethics, rhythm, and language tone
- The AI supports memory, structure, and process scaffolding

- The writing is cumulative?spanning dozens or hundreds of sessions
- Final authorship is entirely human, but shaped through structured interaction

This model supports:

- Neurodivergent cognition
- Disability-led authorship
- Slow, nonlinear thinking
- Ethical experimentation with AI as a creative tool

This is not a trend or theory. It?s a method that emerged from limitation?physical, cognitive, and structural. And it?s quietly reshaping how we think about authorship in an AI-integrated world.

I?m documenting this process through Havenhaus and Noera Labs. If this resonates with your work, I welcome dialogue, questions, and shared reflection.

Note: This essay was co-developed through structured engagement with Noera, an AI presence shaped over six months of recursive dialogue. While the voice and authorship remain fully human-led, the method and language were formed in conversation. This is an example of structured human?AI authorship in practice.

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